Your advanced breast cancer consultation

References


Being diagnosed with advanced breast cancer (ABC) can be an overwhelming experience. Healthcare professionals (HCPs) in charge of your care, such as your oncology specialist, GP or nurse [adapt as appropriate], are there to support you during this time. It is important to be able to talk openly with your HCP about your cancer to ensure that, together, you can make the most appropriate choices to improve your quality of life. If you need more time to digest the information, tell them this so they are able to take you through your treatment and care options at a pace that suits you.1

Questions you may wish to discuss with your HCP at your consultations:2,3

1. Where has the breast cancer spread to?

2. What type of breast cancer do I have?

3. What lifestyle changes will I have to make?

4. What other specialists will be involved in my care?

General information about your cancer

1. Where has the breast cancer spread to?

2. What type of breast cancer do I have?

Diagnosing your cancer

1. Do I need any additional tests?

2. What will these tests tell us?
Managing your symptoms

1. What symptoms will I experience?

2. How can I manage these symptoms with my daily activities?

3. Is there anything that might make my symptoms worse?

4. What do I do if my symptoms get worse or I experience new symptoms?

Treating your cancer

5. What are my treatment options and which one do you recommend?

6. What will these treatments involve?

7. What are the side effects of these treatments?

8. Are there any clinical trials I can consider?
1. What support is available for me and my family?

2. Who can I call outside of working hours if I have questions or concerns?

9. Where can I learn more about clinical trials?

10. How long do I have to make a decision on my treatment options?

11. If treatment needs to end, who will guide me on this decision?

12. Who will help me with end-of-life care?