



New Language of Advanced Breast Cancer (ABC)

Dear

I have advanced breast cancer. I know that you care about me and I imagine that you may be scared of saying the wrong thing when we talk. So I wanted to share this communications guide with you, to support our future conversations.

Below are my preferences – how I like to talk about my cancer, things not to say / things to say and top tips for our conversations.

Things I want you to know about me

Things I want you to know about my cancer

Phrases I like

Phrases I don't like



Ten top tips for talking to me while I live with advanced breast cancer

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____

Do you have any questions for me?

Please feel free to use this box to include any questions you have for me – about my life, my life with cancer, about my cancer or about anything else!

Further information

The 'New language of ABC' meeting was designed to provide an opportunity to identify where communication with loved ones can break down and, importantly, how we can address and better support these communication needs or gaps. The meeting brought together women with ABC and ABC support groups from across Europe and linguistics expert Elena Semino, in order to gather expertise and experience to inform the development of a communications guidance tool.